

# fast

If you want to use a different word from **fast**, you could describe someone or the action they do as

**quick**  
**swift**  
**rapid**  
**brisk**

You could describe something such as a fast car using more informal words:

**speedy**  
**nippy**

If something happens fast and it is over quickly, you could say it is

**brief**  
**fleeting**

You could use these words create better pictures of someone or something moving, walking, talking or eating fast:

**briskly**  
**rapidly**  
**speedily**  
**swiftly**  
**at high speed**

You could use these informal phrases to describe the way someone does something:

**like a flash**  
**like a shot**  
**like the wind**

If someone is doing something fast because they are in a rush, they might do it

**hastily**  
**hurriedly**  
**rashly**  
**recklessly**

## Over to you

Can you use some of the words above to replace **fast** in the writing below?

I was late, so I ate my lunch **fast**. I **fast** explained to my mother where I was going, then walked **fast** down the garden path. Once I was round the corner, I started to run **fast** ...