

Here are some phrases that you might use to talk or write about the amount of **effort** involved in doing or achieving something. You could also take a look at the panels on **determination** and **work** for related phrases.

to put in a lot of effort

go all-out/flat-out

beaver away

sweat blood

bust a gut (*slang*)

go to great lengths

put your shoulder to the wheel

fight tooth and nail

go to a lot of trouble

do your utmost

pull your weight

break your back

do your bit

stay the course

huff and puff

be at pains

pull out all the stops

go to town on something

take the trouble to *or* go to the
trouble of

go out of your way

put your back into